



# On the average size of sets in intersecting Sperner families

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## Abstract

We show that the average size of subsets of  $[n]$  forming an intersecting Sperner family of cardinality not less than  $\binom{n-1}{k-1}$  is at least  $k$  provided that  $k \leq n/2 - \sqrt{n}/2 + 1$ . The statement is not true if  $n/2 \geq k > n/2 - \sqrt{8n+1}/8 + 9/8$ . © 2002 Elsevier Science B.V. All rights reserved.

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## 1. Introduction

Let  $[n]$  be the set  $\{1, \dots, n\}$  and  $2^{[n]}$  be the power set of  $[n]$ . A set  $\mathcal{F} \subseteq 2^{[n]}$  is called a *Sperner family* (or *antichain*) if there are no inclusion relations between the members of  $\mathcal{F}$ :

$$A \not\subseteq B \quad \text{for all } A, B \in \mathcal{F}, A \neq B.$$

A family  $\mathcal{F} \subseteq 2^{[n]}$  is called *intersecting* if any two members of  $\mathcal{F}$  are non-disjoint:

$$A \cap B \neq \emptyset \quad \text{for all } A, B \in \mathcal{F}.$$

In [12], Kleitman and Milner found the following result on the average size of sets in Sperner families:

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**Theorem 1.** *Let  $k \leq n/2$  be an integer. If  $\mathcal{F} \subseteq 2^{[n]}$  is a Sperner family with  $|\mathcal{F}| \geq \binom{n}{k}$ , then the average size of the sets in  $\mathcal{F}$  is at least  $k$ .*

Kleitman and Milner gave two proofs for their result, one using replacement operations as in [13], the other using the LYM-inequality and linear duality. See also [3,8,9,10], [1, p. 62] and [2, p. 155].

In this note we address the question whether the corresponding statement of Theorem 1 remains true for intersecting Sperner families. Note that by the Erdős–Ko–Rado Theorem [5] the maximum size of an intersecting Sperner family consisting only of sets of size  $k$ ,  $k \leq n/2$ , is  $\binom{n-1}{k-1}$ . Thus, we ask whether the average size of the sets of an intersecting Sperner family  $\mathcal{F} \subseteq 2^{[n]}$  is at least  $k$  provided that  $|\mathcal{F}| \geq \binom{n-1}{k-1}$ .

This is certainly true if all sets in  $\mathcal{F}$  have size not greater than  $n/2$ , which follows directly from Theorem 1 using a correspondence between intersecting Sperner families in  $2^{[n]}$  and Sperner families in  $2^{[n-1]}$  ([6], see also [1, Chapter 8]).

Putting no restrictions on the set sizes, we have the following result.

**Theorem 2.** *Let  $k \leq (n+2)/2 - \sqrt{n}/2$ . If  $\mathcal{F} \subseteq 2^{[n]}$  is an intersecting Sperner family with  $|\mathcal{F}| \geq \binom{n-1}{k-1}$ , then the average size of sets in  $\mathcal{F}$  is at least  $k$ .*

*This statement fails if  $n/2 \geq k > n/2 - \sqrt{8n+1}/8 + 9/8$ .*

One might ask for the smallest cardinality an intersecting Sperner family must have in order to ensure an average set size not less than  $k$ . An easy general upper bound for this cardinality is given by the next theorem:

**Theorem 3.** *Let  $k \leq n/2$ . If  $\mathcal{F} \subseteq 2^{[n]}$  is an intersecting Sperner family with  $|\mathcal{F}| \geq \binom{n}{k-1}$ , then the average size of sets in  $\mathcal{F}$  is at least  $k$ .*

The proofs of Theorems 2 and 3 use the known description [4,11] of the convex hull of all profiles of intersecting Sperner families. Recall that the *profile* of a family  $\mathcal{F} \subseteq 2^{[n]}$  is the  $(n+1)$ -dimensional vector having the number of  $i$ -sets of  $\mathcal{F}$  as its  $i$ th entry ( $0 \leq i \leq n$ ).

## 2. Proof of Theorem 3

Our proof follows the one given in [9] for Theorem 1 (see also [1, p. 62]).

Let  $\mathcal{F} \subseteq 2^{[n]}$  be an intersecting Sperner family with profile  $(f_0, f_1, \dots, f_n)$ . The following LYM-type-inequality was proved in [7]

$$\sum_{i \leq n/2} \frac{f_i}{\binom{n}{i-1}} + \sum_{i > n/2} \frac{f_i}{\binom{n}{i}} \leq 1. \quad (1)$$

Let  $g(i)$  denote the coefficient of  $f_i$  in this inequality. It is easy to verify that the sequence  $g(i)$ ,  $i = 1, \dots, n$ , is convex. If  $g$  is extended to a function on the real

interval  $[1, n]$  by linear interpolation, then Jensen’s inequality, (1) and the hypothesis  $|\mathcal{F}| \geq \binom{n}{k-1}$  give

$$g\left(\sum_i \frac{f_i}{|\mathcal{F}|} i\right) \leq \sum_i \frac{f_i}{|\mathcal{F}|} g(i) \leq \frac{1}{|\mathcal{F}|} \leq g(k).$$

Now the theorem follows from the monotonicity of the function  $g(x)$ ,  $1 \leq x \leq k$ .

We remark that instead of (1) other inequalities [11] might be used as well, which give slight improvements of the bound  $\binom{n-1}{k}$ . We omit the details.

### 3. A preliminary lemma

Let us first record the following easily established numerical fact: If (as in the supposition of Theorem 2)

$$k \leq \frac{n+2}{2} - \frac{\sqrt{n}}{2},$$

then

$$(n+1-2k)(n+2-2k) \geq 2(k-1) \tag{2}$$

and the sequence

$$\left(\frac{n+1}{2} - i\right) \binom{n-1}{i-1}, \quad i=1, \dots, k \tag{3}$$

is increasing.

**Lemma 4.** Let  $a < b < c < d$ ,  $e \leq n$  natural and  $\delta, \varepsilon$  nonnegative real numbers satisfying  $b \leq n/2$ ,

$$\frac{b-a}{d-b} > \delta, \tag{4}$$

$$(n+1-2b)(d-b) \geq b, \tag{5}$$

$$(n+1-2b)(e-b) \geq b. \tag{6}$$

Then

$$\begin{aligned} & (c-b+(e-b)\varepsilon) \frac{1}{\binom{n}{a}} + (b-a-(d-b)\delta) \frac{1}{\binom{n}{c}} \\ & \geq (c-a+(e-a)\varepsilon - (d-c)\delta + (e-d)\delta\varepsilon) \frac{1}{\binom{n}{b}}. \end{aligned} \tag{7}$$

**Proof.** Let  $\binom{n}{x}$  for  $0 \leq x \leq n$ ,  $x$  real, be defined by linear interpolation of the sequence  $1/\binom{n}{i}$ ,  $i = 0, \dots, n$ , i.e.

$$\frac{1}{\binom{n}{x}} := \frac{1 - (x - [x])}{\binom{n}{[x]}} + \frac{x - [x]}{\binom{n}{[x]+1}}.$$

It is well known that the function  $1/\binom{n}{x}$ ,  $0 \leq x \leq n$ , is convex. We will use the function

$$\psi(x) := \frac{b - x}{\binom{n}{b} / \binom{n}{x} - 1}, \quad 0 \leq x < b.$$

It is easily established that  $\psi$  is increasing on the entire domain  $[0, b)$ . Indeed, if  $x = i + \alpha$ ,  $i < b$  a nonnegative integer,  $0 \leq \alpha \leq 1$  real, we have

$$\frac{d}{d\alpha} \psi(i + \alpha) = \frac{1 + (b - i - 1) \binom{n}{b} / \binom{n}{i} - (b - i) \binom{n}{b} / \binom{n}{i+1}}{\left( \binom{n}{b} \left( (1 - \alpha) / \binom{n}{i} + \alpha / \binom{n}{i+1} \right) - 1 \right)^2},$$

which is nonnegative by the convexity of the sequence  $1/\binom{n}{i}$ ,  $i = 0, \dots, n$ . (The monotonicity of the sequence  $\psi(i)$ ,  $i \neq b$ ,  $i \leq n/2$ , was already used in [12].) Furthermore, the function  $\psi$  is constant on  $[b - 1, b)$ :

$$\psi(x) = \frac{b}{n + 1 - 2b} \quad \text{for } b - 1 \leq x < b.$$

Now the LHS of (7) is by Jensen's inequality not less than

$$(c - a + (e - b)\varepsilon - (d - b)\delta) \frac{1}{\binom{n}{b^*}},$$

where

$$b^* = b - \frac{(b - a)(e - b)\varepsilon + (c - b)(d - b)\delta}{c - a + (e - b)\varepsilon - (d - b)\delta}.$$

To establish (7), it suffices therefore to show that

$$\frac{\binom{n}{b}}{\binom{n}{b^*}} \geq \frac{c - a + (e - a)\varepsilon - (d - c)\delta + (e - d)\delta\varepsilon}{c - a + (e - b)\varepsilon - (d - b)\delta},$$

which is easily seen to be equivalent to

$$\psi(b^*) \leq \frac{(b - a)(e - b)\varepsilon + (c - b)(d - b)\delta}{(b - a)\varepsilon + (c - b)\delta + (e - d)\delta\varepsilon}.$$

Since by (4) we have  $b^* < b$ , it suffices to show by the above-mentioned properties of  $\psi$  that the RHS of the last inequality is not less than  $b/(n + 1 - 2b)$ . If  $\varepsilon = 0$  resp.  $\delta = 0$  this is just (5) resp. (6). If  $\delta, \varepsilon > 0$ , we want to show that

$$\begin{aligned} & \frac{b - a}{\delta} ((n + 1 - 2b)(e - b) - b) + \frac{c - b}{\varepsilon} ((n + 1 - 2b)(d - b) - b) \\ & \geq b(e - d). \end{aligned}$$

However, using (4), the last inequality follows from

$$\begin{aligned} (d - b)(n + 1 - 2b) \left( e - b + \frac{c - b}{\varepsilon} \right) &\geq b(e - d) + b(d - b) + b \left( \frac{c - b}{\varepsilon} \right) \\ &= b \left( e - b + \frac{c - b}{\varepsilon} \right), \end{aligned}$$

which is (5).  $\square$

#### 4. Proof of Theorem 2

We start with the first statement of Theorem 2. Our proof method follows the proofs of Theorem 1 given in [2,10].

Let  $\mathcal{P} \subseteq \mathbb{R}^{n+1}$  be the convex hull of all profiles of intersecting Sperner families in  $2^{[n]}$ . The extreme points of the polytope  $\mathcal{P}$  were determined in [5]. They are

$$\begin{aligned} z &= (0, 0, \dots, 0), \\ v_j &= \left( 0, 0, \dots, \binom{n}{j}, \dots, 0 \right), \quad j > n/2, \\ w_i &= \left( 0, 0, \dots, \binom{n-1}{i-1}, \dots, 0 \right), \quad i \leq n/2, \\ w_{ij} &= \left( 0, 0, \dots, \binom{n-1}{i-1}, \dots, \binom{n-1}{j}, \dots, 0 \right), \quad i \leq n/2, \quad i + j > n, \end{aligned}$$

where the nonzero entries of  $v_j$ ,  $w_i$  resp.  $w_{ij}$  occur at the coordinates  $j$ ,  $i$  resp.  $i$  and  $j$ .

If  $\mathcal{F} \subseteq 2^{[n]}$  is an intersecting Sperner family with  $|\mathcal{F}| \geq \binom{n-1}{k-1}$ , then the profile  $(f_0, f_1, \dots, f_n)$  of  $\mathcal{F}$  lies in the intersection of  $\mathcal{P}$  and the halfspace given by

$$\sum_{i=0}^n x_i \geq \binom{n-1}{k-1}. \tag{8}$$

We denote this new polytope by  $\mathcal{P}'$ . The average size of sets in  $\mathcal{F}$  will be at least  $k$  iff the profile of  $\mathcal{F}$  satisfies the linear inequality

$$\sum_{i=0}^n (i - k) f_i \geq 0. \tag{9}$$

Hence, it is enough to verify (9) (under the hypothesis of Theorem 2) only for the extreme points of  $\mathcal{P}'$ . Obviously, each extreme point of  $\mathcal{P}'$  is a convex combination of two extreme points of  $\mathcal{P}$ . Consequently, it is sufficient to prove the following implication: If  $p_1$  and  $p_2$  are extreme points of  $\mathcal{P}$  such that  $\alpha p_1 + (1 - \alpha) p_2$  satisfies (8) for some  $0 \leq \alpha \leq 1$ , then  $\alpha p_1 + (1 - \alpha) p_2$  satisfies also (9).

Let us write

$$p_1 = \left( 0, 0, \dots, \sigma_{i_1} \binom{n-1}{i_1-1}, \dots, \sigma_{j_1} \binom{n-1}{j_1}, \dots, \sigma_{\ell_1} \binom{n}{\ell_1}, \dots, 0 \right)$$

(the nonzero entries located at coordinates  $i_1$ ,  $j_1$  and  $\ell_1$ ) with  $i_1 \leq n/2$ ,  $i_1 + j_1 > n$ ,  $\ell_1 > n/2$  and

$$(\sigma_{i_1}, \sigma_{j_1}, \sigma_{\ell_1}) \in \{(0, 0, 0), (1, 0, 0), (0, 0, 1), (1, 1, 0)\}.$$

An analogous notation with  $(\sigma_{i_2}, \sigma_{j_2}, \sigma_{\ell_2})$  instead of  $(\sigma_{i_1}, \sigma_{j_1}, \sigma_{\ell_1})$  is used for  $p_2$  (where for simplicity of notation the variables  $\sigma_{i_2}, \sigma_{j_2}, \sigma_{\ell_2}$  are considered to be different from  $\sigma_{i_1}, \sigma_{j_1}, \sigma_{\ell_1}$ ).

Let  $k \leq (n+2)/2 - \sqrt{n}/2$ . We want to show that for  $0 \leq \alpha \leq 1$  the following is true: If

$$\begin{aligned} & \alpha \sigma_{i_1} \binom{n-1}{i_1-1} + (1-\alpha) \sigma_{i_2} \binom{n-1}{i_2-1} + \alpha \sigma_{j_1} \binom{n-1}{j_1} \\ & + (1-\alpha) \sigma_{j_2} \binom{n-1}{j_2} + \alpha \sigma_{\ell_1} \binom{n}{\ell_1} + (1-\alpha) \sigma_{\ell_2} \binom{n}{\ell_2} \geq \binom{n-1}{k-1}, \end{aligned} \quad (10)$$

then

$$\begin{aligned} & (i_1 - k) \alpha \sigma_{i_1} \binom{n-1}{i_1-1} + (i_2 - k) (1-\alpha) \sigma_{i_2} \binom{n-1}{i_2-1} + (j_1 - k) \alpha \sigma_{j_1} \binom{n-1}{j_1} \\ & + (j_2 - k) (1-\alpha) \sigma_{j_2} \binom{n-1}{j_2} + (\ell_1 - k) \alpha \sigma_{\ell_1} \binom{n}{\ell_1} \\ & + (\ell_2 - k) (1-\alpha) \sigma_{\ell_2} \binom{n}{\ell_2} \geq 0. \end{aligned} \quad (11)$$

Since (11) trivially holds if  $i_1, i_2 \geq k$ , we may assume that  $i_1 < k$  and  $\sigma_{i_1} = 1$ . Then necessarily  $\sigma_{\ell_1} = 0$ .

Case 1:  $i_2 \leq k$  or  $\sigma_{i_2} = 0$ .

By lower estimating  $(j_1 - k)$ ,  $(j_2 - k)$ ,  $(\ell_1 - k)$  and  $(\ell_2 - k)$  to  $(n+1)/2 - k$  and using (10) we have that the LHS of (11) is not less than

$$\begin{aligned} & \left( \frac{n+1}{2} - k \right) \binom{n-1}{k-1} \\ & - \left( \frac{n+1}{2} - i_1 \right) \alpha \binom{n-1}{i_1-1} - \left( \frac{n+1}{2} - i_2 \right) (1-\alpha) \sigma_{i_2} \binom{n-1}{i_2-1}, \end{aligned}$$

which in both cases  $i_2 \leq k$  and  $\sigma_{i_2} = 0$  is nonnegative by the monotonicity (3).

Case 2:  $i_2 > k$  and  $\sigma_{i_2} = 1$ .

We have then  $\sigma_{i_1} = \sigma_{i_2} = 0$  and  $\binom{n-1}{i_2-1} \geq \binom{n-1}{k-1}$ .

Case 2.1:  $\binom{n-1}{i_1-1} + \sigma_{j_1} \binom{n-1}{j_1} \geq \binom{n-1}{i_2-1}$ .

Then necessarily  $\sigma_{j_1} = 1$ . Using the last two inequalities we have that the LHS of (11) is not less than

$$\begin{aligned} & (j_1 - k)\alpha \binom{n-1}{j_1} + (i_1 - k)\alpha \binom{n-1}{i_1-1} \\ & \geq (j_1 - k)\alpha \binom{n-1}{k-1} - (j_1 - i_1)\alpha \binom{n-1}{i_1-1}, \end{aligned}$$

which is again nonnegative by the monotonicity (3).

Case 2.2:  $\binom{n-1}{i_1-1} + \sigma_{j_1} \binom{n-1}{j_1} < \binom{n-1}{i_2-1}$ .

By eliminating  $\alpha$  in (10) and (11), it suffices to show that

$$\begin{aligned} & \left( k - i_1 - (j_1 - k)\sigma_{j_1} \frac{\binom{n-1}{j_1}}{\binom{n-1}{i_1-1}} \right) \frac{1}{\binom{n-1}{i_2-1}} \\ & + \left( i_2 - k + (j_2 - k)\sigma_{j_2} \frac{\binom{n-1}{j_2}}{\binom{n-1}{i_2-1}} \right) \frac{1}{\binom{n-1}{i_1-1}} \\ & \geq \left( i_2 - i_1 + (j_2 - i_1)\sigma_{j_2} \frac{\binom{n-1}{j_2}}{\binom{n-1}{i_2-1}} - (j_1 - i_2)\sigma_{j_1} \frac{\binom{n-1}{j_1}}{\binom{n-1}{i_1-1}} \right) \\ & + (j_2 - j_1)\sigma_{j_1}\sigma_{j_2} \frac{\binom{n-1}{j_1}}{\binom{n-1}{i_1-1}} \frac{\binom{n-1}{j_2}}{\binom{n-1}{i_2-1}} \frac{1}{\binom{n-1}{k-1}}. \end{aligned}$$

We apply Lemma 4 with  $a := i_1 - 1$ ,  $b := k - 1$ ,  $c := i_2 - 1$ ,  $d := j_1 - 1$ ,  $e := j_2 - 1$ ,  $\delta := \sigma_{j_1} \binom{n-1}{j_1} / \binom{n-1}{i_1-1}$ ,  $\varepsilon := \sigma_{j_2} \binom{n-1}{j_2} / \binom{n-1}{i_2-1}$  and  $n := n - 1$ .

Since (11) holds if  $\sigma_{j_1} = 1$  and

$$(j_1 - k) \binom{n-1}{j_1} \geq (k - i_1) \binom{n-1}{i_1-1},$$

we may assume the opposite; thus condition (4) from Lemma 4 is satisfied. Finally, conditions (5) and (6) follow from  $j_1, j_2 \geq (n + 1)/2$  and (2).

This completes the proof of the first statement of Theorem 2. In order to show the second statement, consider an intersecting Sperner family  $\mathcal{F} \subseteq 2^{[n]}$  with  $f_{k-1} = \binom{n-1}{k-2}$ ,  $f_{n+2-k} = \binom{n-1}{k-1} - \binom{n-1}{k-2}$  and  $f_i = 0$  for  $i \neq k - 1, n + 2 - k$ . Since  $\binom{n-1}{k-1} - \binom{n-1}{k-2} \leq \binom{n-1}{n+2-k} = \binom{n-1}{k-3}$  for  $n/2 \geq k > n/2 - \sqrt{8n + 1}/8 + 9/8$ , such a family can be taken as a subfamily

of one realizing the profile  $w_{k-1, n+2-k}$ . It is now easily checked that the inequality (9) fails exactly for our choice of  $k$ .  $\square$

**Remark.** We conjecture that the first statement of Theorem 2 remains valid for all  $k < n/2 - \sqrt{8n}/8$ . However, our proof method will not give this result: There is a constant  $c > \sqrt{8}/4$  such that for  $k = \lfloor n/2 - c\sqrt{n}/2 \rfloor$  and large  $n$ , the polytope  $\mathcal{P}'$  contains a point which does not satisfy the inequality (9). Indeed, take a suitable convex combination  $\alpha w_{i_1} + (1-\alpha)w_{i_2, j_2}$ , where e.g.  $i_1 = \lfloor \frac{n}{2} - 0.8\frac{\sqrt{n}}{2} \rfloor$ ,  $k = \lfloor \frac{n}{2} - 0.76\frac{\sqrt{n}}{2} \rfloor$ ,  $i_2 = \lfloor \frac{n}{2} - 0.3\frac{\sqrt{n}}{2} \rfloor$ ,  $j_2 = \lfloor \frac{n}{2} + 0.31\frac{\sqrt{n}}{2} \rfloor$ .

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